

4.2.10

Harris, Joshua. *Not Even a Hint: Guarding Your Heart Against Lust*. Sisters, OR: Multnomah Publishers, 2003.

This is a book written on sexual lust for both men and women. Harris, pastor of Covenant Life Church and author, deals with the issues of the heart, specifically and biblically. He does it in a way that doesn't cause the reader to stumble (like *Every Man's Battle*)! Of course, this was his goal – to write a book on sexual purity that was “PG” instead of “R.” The author demonstrates humility and brokenness as he shares from his own struggles in the battle for sexual purity. The book is divided up into three parts: 1) The Truth about Lust, 2) In the Thick of the Battle, 3) Strategies for Long-Term Change. I found it to be personally challenging and spiritually helpful and I recommend it to Christians of all ages, not just young people.

Level: Light-weight/Easy to read

Theological Stance: Sovereign Grace Ministries (www.sovereigngraceministries.org)

Rating: 9 ½

Recommend? Yes