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Welch, Edward T. *Addictions: A Banquet in the Grave, Finding Hope in the Power of the Gospel*. Phillipsburg, NJ: P & R Publishing, 2001.

This is one of the latest books in the *Resources for Changing Lives* series from CCEF. The author begins by asking: “Will we worship ourselves and our own desires or will we worship the true God?” Though the title of the book may suggest that the author is targeting hard-core addicts only, this is clearly not true. It is for all Christians who struggle with the problem of sin in their lives. In fact, the author believes we are all sin addicts who love our own desires. He defines addiction as “bondage to the rule of a substance, activity, or state of mind, which then becomes the center of life, defending itself from the truth so that even bad consequences don’t bring repentance, and leading to further estrangement from God. To locate it on the theological map, look under sin” (35). This book is thoroughly biblical and will challenge you to see your life through the lens of Scripture. There are application questions at the end of each chapter as well as a section geared towards helping others. By the way, CCEF website is www.ccef.org. I highly recommend this book to you!

Level: Medium

Theological Stance: Evangelical; Orthodox Presbyterian; Christian Counseling and Educational Foundation (CCEF)

Rating: 10

Recommend? Yes! A must read! A major help in understanding spiritual growth and what prohibits it.