

Group Discussion Questions:

1. A fervent prayer life and understanding one's complete inability to put on humility without the power of the Holy Spirit is essential. How committed are you to the concept of Christ-like humility? Do you trust God enough to die to self and let Him be your all? Discuss the stumbling blocks we all face in this effort.
2. Consider Ephesians 4:1-3 in the context of the Body of Christ. What should our response be when we catch ourselves stumbling into pride.....i.e. feeling irritated by, impatient with, offended by, or superior in some way toward another. Share an example of someone who has modeled humility for you in this way.
3. Consider your family relationships in light of Colossians 3:12-13. If your family members could fill out a secret evaluation, would they characterize you as compassionate, kind, humble, meek, and patient? If an area is lacking, how can you put it on?
4. In light of Ephesians 4:29, think about comments that you routinely make to your husband, children, or others that are NOT building them up. How can you communicate in a more humble way? Come up with specific examples.

Weekly Application

- Day 1: Go to www.blueletterbible.org. Separately search the words, "humble," "humility," and "meek." Print out the results. Choose one verse to memorize this week. Pray that the Holy Spirit would give you a passion for Christ-like humility.
- Day 2: In your prayer time, ask the Holy Spirit to reveal the first area of your life that He wants you to grow in humility. Write it down. Find passages of scripture that will encourage you in this area. Meditate on them daily.
- Day 3: Continue praying that the Holy Spirit would give you a passion for Christ-like humility. Continue memorizing your verse from day 1. Ask your spouse or a friend to help you through prayer and accountability in the area of pride that the Holy Spirit has revealed to you.
- Day 4: Consider a trial that you are currently in. To what extent have you been able to glory in your weakness? Continue in fervent prayer and meditation on scripture to empower your growth in humility.
- Day 5: As you continue to honor Christ in your commitment to pursue humility, do you see subtle changes in your thoughts and words? Is the Holy Spirit gaining ground? If so, give God the glory and daily press on.